

# Head Instructor, Assistant Instructors and Alumni

**MISS. AIMEE MAUND, 6th Dan BLACK BELT**

**FOUNDER & HEAD INSTRUCTOR**

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Miss Aimee Maund is a 6th degree black belt and the Head Instructor of Focus Taekwon-Do, which runs out of the Recreation Center in Chestermere, Alberta. Miss. Maund has been training, teaching and competing in TKD for over 26 years and is one of the only Focus members to have had direct training under General Choi Hong Hi; creator of Taekwon-Do. Miss. Maund is also the Vice President of the ICTF Canada West, voting member of the ICTF and member of the CTFI Women's Committee. Miss. Maund is well known in the martial art industry as she continues to lead her students to victory at competitions world wide. Some of Miss Maund's personal achievements include... 5 gold medals at the 2005 ICTF World Cup in team patterns, team sparring, team breaking, individual sparring, and individual power breaking; Earning 3 medals at the 2016 ITF World Cup in Budapest (Gold in power breaking, silver in sparring and bronze in patterns); and most recently the 2020 Alberta Provincial Championships, earning 3 gold medals in patterns, sparing and power breaking.

*"I would love to empower women to follow their dreams and accomplish their goals. Encouraging confidence, power, and importance."*

AIMEE MAUND  
CTFI WOMEN'S COMMITTEE MEMBER



**AIMEE MAUND**  
CTFI WOMEN'S COMMITTEE

## Miss Rachel Seever, 4th Dan Black Belt & Beginner Class Instructor

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maximum\_entity\_count="500"]Miss. Seever has been training in Taekwon-Do for 18 years and has been an assistant teaching the Shadow Warrior program for the past 4 years; recently promoting to Shadow Warrior Lead. Miss. Seever is known for her gifted communication skills when working with children. Miss. Seever has been competing internationally for 9 years and was selected as a Team Canada member in 2007 where she achieved triple gold in team patterns; team sparring, and team board breaking as well as silver in individual patterns and bronze in individual sparring. Miss. Seever has managed to accomplish double medal placement at almost every tournament over the past 9 years at tournaments world wide. Miss Seever has a passion for working with children and her main focus is to teach children self confidence, self discipline, and self control. Miss. Seever's most recent accomplishment was at the City Championships held on March 19th, 2011 where she achieved the Gold medal in patterns, and the Silver medal in the mixed gender sparring match.

## **Alyssa Kuruliak 3rd Dan & Shadow Warrior Program Lead**

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## **Dean Wolf 3rd Dan**

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## **Jonathan Verhulp 2nd Dan**

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## **Andrea Verhulp 1st Dan**

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## **Anika Verhulp 1st Dan**

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# Alumni

## **Miss Kelley Galloway, 2nd Dan Black Belt Shadow Warrior Assistant Instructor**



Miss. Galloway has been training and competing in Taekwon-Do for the past 9 years and was selected to be a Team Canada member in 2007 where she achieved triple gold in team patterns, sparring, and board breaking as well as Silver in individual sparring and bronze in individual patterns. Miss. Galloway has recently promoted to Shadow Worrier Instructor where her love for children and teaching shine at each and every class. Miss Galloway's most recent accomplishment was achieving the bronze medal in the mixed-gender sparring match at the City Championships held on March 19th, 2011. Miss. Galloway has been competing world wide for the past 9 years and has achieved double medal placement at almost every tournament. Miss. Galloway has a brilliant talent when working with children and has proven to be a strong asset to the Focus TKD family and Shadow Warrior Program.

## **DJ Giles Assistant Instructor, 2nd Dan Black Belt**



DJ Giles is an Assistant Instructor for the Junior class alongside Ms. Maund. DJ had been training for 5 years and has taken gold, silver and bronze medals in sparring as well as silver and bronze medals in patterns in tournaments from cities, to provincials to westerns. DJ has been assistant instructing for two years and is also a registered referee and judge with the ICTF.

## **Vickee Pon 2nd Dan**

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## **Gary Wilson 2nd Dan**

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## **Jenner Giles Jr 2nd Dan**

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## **Lewey Giles Jr 2nd Dan**

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## **Chaten Jessel (CJ) Jr 1st Dan**

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## **Rowan Dupuis Jr 1st Dan**

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## **Ayana Hussein Jr 1st Dan**