

Home

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**** NOTE Due to the most recent events concerning the spread of COVID-19 in AB, Focus TKD will be postponing classes until further notice. All fees paid for this month will be prorated upon commencement of class. ****

**Discipline, Respect,
Integrity. . .
A Martial Artist
Learns These Things.**

***** We are
back to**

**regular
hours.**

**Checkout
our [Calendar](#)
and come and
try a **FREE**
Class. Kids
and Parents
welcome and
can train at
the same
times. *****

**The world today is
not always what we
want it to be. Learn
life savings skills**

**in a safe, positive
environment while
getting into shape
and do it all with
your entire
family. Bullying is a
thing of the past
when you know
Taekwon-Do.
Confidence!
Positivity!
Discipline!
Exercise! IT'S ALL
HERE AT FOCUS
TAEKWON-DO!!!**

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